

What To Expect On A First Visit

Welcome to Our Office!

To ensure your first visit with us is a pleasant one, here are the procedures you can expect during the next 75 minutes with us:

Paperwork

Bring in your completed questionnaire to help us get to know you. The doctor will use this information to help formulate the recommendations for your care.

Patient Education

To acquaint you with our office and explain how we help our patients regain their health, take advantage of our literature racks and also our binder of "Practice Member Stories" on the book shelf. Ask to watch our 30 min. introductory video.

Consultation

You'll meet the doctor who will review your health history and determine if yours is a chiropractic case.

Examination

Physical, neurological, and chiropractic tests will be performed to determine the presence and location of any spinal tension or misalignment. This will include 3 computerized spinal scans.

Posture Exam

You will be photographed to document your current resting posture.

Adjustment

Based on your exam findings, the doctor will apply precise forces to gently start the spinal unwinding process. Your response is actually part of the examination.

Orientation

To help you save time and money and for you to understand your care, you will be given literature and a video to go through before your next visit.

Next Visit

Your first visit is complete. Plan to spend about 50 minutes on your next visit to receive the doctor's report of findings and recommendations for chiropractic care.