

http://www.naturalnews.com/Report_acid_alkaline_pH_0.html

This is the best written, most clear introduction to "alkalizing" your body chemistry to prevent disease and accelerate healing. Reading this one article, and acting on it's recommendations, will make a HUGE difference in your family's health.

Also of note, Dr. Janet Brown, the nationally recognized authority on the natural reversal of osteoporosis who is cited in this article, is based in Syracuse and also practices weekly in Ithaca.